

Continuing Care Retirement Community Checklist

Is a Grace Inspired Living community right for me?

Relocating and moving into a Continuing Care Retirement Community (CCRC), while exciting, is also a big step! Below are some statements to consider as you plan.

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I want to remain independent as long as I am able. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I have concerns about my health. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Emergency medical help is important to me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Housekeeping assistance would be helpful to me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like assistance with home maintenance and repairs. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like assistance with outdoor maintenance. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would enjoy the opportunity to meet new people in a social setting. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like planned social and recreational activities. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like transportation service available. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like meals prepared for me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I am willing to move from where I live now. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would feel safer if I moved from my current home. |

Location

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The surrounding area is safe. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There are safe and pleasant sites outside for residents and families to sit and/or walk. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There are public amenities nearby (shopping, library, recreation). |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Family and friends live close enough to visit. |

Facilities

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Occupancy rate is consistently over 90%. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The grounds are well maintained. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The apartment buildings are well maintained. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Interior public areas are attractive and well maintained. |



- Private areas (hallways, building lounges) are attractive and well-maintained
- All areas are free from odors.

Amenities

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|--------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Various Lounges & Common Areas |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Multiple Dining Rooms |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Activity Rooms |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Gym |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Pool |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Beauty Salon |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Entertainment Space |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Chapel/Area of Worship |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Also important to me: _____ . |

Independent Living

- Preferred Type: Cottage or Duplex Carriage Home Apartment (see below)
- One-Bedroom Two-Bedroom Efficiency/Studio

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community is responsible for exterior maintenance. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community is responsible for interior maintenance. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community is responsible for landscape maintenance. |

Services

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Meals plans are available.
Number of meals with basic fee: _____ . |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | There are menu choices at each meal |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Special diet meals are available. I need _____ . |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The food looks, smells and tastes good |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Friends and family may join residents for meals |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Snacks are available throughout the day |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Housekeeping services/plans are available.
Frequency of housekeeping (base fee): _____ . |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Laundry service is available. |



- Laundry service includes personal items.
- Reserved parking spots are included in my monthly fee.
- Additional on-site storage units are included in my monthly fee.
- There are daily activities.
- There are regularly scheduled organized off-campus outings.
- The community provides transportation for outings, medical appointments, shopping or other activities.

Care & Accessibility

Yes No N/A

- Emergency safety systems (pull cords, pendants) are provided.
- Health care is available on site.
- Pharmacy services are available.

The following medical services are available on campus:

- Nursing Staff
- Podiatry
- Dentistry
- Other: _____

Current Residents

Yes No N/A

- Residents are engaged in activities.
- Residents are engaged in the fitness center.
- Staff members interact pleasantly with residents.
- Staff members know residents by name.
- There is an active Resident Council.

Staffing

Yes No N/A

- A registered nurse (RN) or licensed practical nurse (LPN) is on-site during the day.
- A RN or LPN is staffed at night.
- There is a dietitian on staff.
- There is a social worker on site during the day.
- There is an activities person on site during the day.
- The current director has been employed at the community for over 5 years.



Policies & Procedures

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Residents are allowed to have family members (e.g., grandchildren) visit overnight or for a few days. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Residents are allowed to have pets.
Pet size limitations: _____. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Residents are permitted to hire a private caregiver to assist with personal care. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Residents who hire a private caregiver are allowed to age in place. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Residents and the community work together to decide when a resident should move to a higher level of care. |

Contract & Costs

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Financial statements are available for inspection. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community offers a modified care contract. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | An initial deposit is required.
My deposit would be: _____. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The deposit is returned when the resident moves or is deceased.
My percentage of return would be: _____. |

Monthly fee for an efficiency apartment: _____

Monthly fee for a 1-BR apartment: _____

Monthly fee for a 2-BR apartment: _____

Monthly fee for a 1-BR cottage: _____

Monthly fee for a 2-BR cottage: _____

The following services are included in the monthly fee: _____

Costs of Additional Services Meals _____ Housekeeping _____

Laundry _____ Transportation _____

Monthly fee(s) for higher levels of care:

Personal Care _____ Memory Care _____ Healthcare _____

Any additional charges: _____

Under what conditions do rates of care or other terms change? _____



Licensure & Accreditation

- | Yes | No | N/A | |
|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community's personal care unit is licensed. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | The community's skilled nursing unit is licensed and in good standing. |

Thank you for interest in Grace Inspired Living. Whether you take your next step in retirement at one of our communities or with a neighboring facility, we are grateful to be a part of your decision-making process and wish you the very best in your continued pursuit of the right fit for you!

